

**招聘講演****Theory Guided Evidence Based Family Health Care Nursing****Shirley May Harmon Hanson**

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An evidence-based health care system is the new paradigm of the decade that is being promoted around the world. It is fast becoming a major driving force with an impact on practice, education, research and social policy. Evidence-based practice (EBP) or evidence-based nursing (EBN) are the buzzwords used in the nursing profession today.

Although the nursing profession has embraced the idea of evidence based practice, there is debate on how best to apply the concept to nursing. Critics are concerned about relying on research evidence obtained only through randomized clinical trials (RCT). Nursing leaders identified other components of evidence they believed were missing from the original EBP definition that medicine used. In nursing today, there is an equal emphasis on the four components of evidence based nursing practice: research, theoretical foundations, regulatory guidelines (nurse practice acts), and tradition (historical practice proven to be effective).

This presentation will focus on theory guided evidence based nursing practice and family health care nursing. The theoretical frameworks that influence the nursing of families and the relationship among theory, practice and research will be discussed. Family nursing research needs to be theory guided, in order to provide the foundation for sound evidence based nursing practice. Theoretically based nursing problems, nursing interventions, and nursing outcomes are the sources of research questions that generate clinical evidence with usefulness for family nursing practice. By connecting all family nursing research to the larger theoretical world, nursing outcomes are able to fit into the broader knowledge base of science shared by other disciplines. Theory building or theory testing makes repeated investigations of theoretically based problems more fruitful, and improves the potential for closing the gap between nursing research and practice.

This presentation also summarizes the state of the science of nursing research with families and promotes the idea of thinking broader when determining what research qualifies for being called family research. Finally, the paper underscores the successes of family nurse researchers and ends with recommendations for the future of theory guided evidence based family nursing research.